

Salad Greens and Red Pepper Dressing

A simple summer salad that's as tasty as it is easy to prepare!

Salad

A small head of endive, washed, spun, and chopped
A small head of radicchio, washed, spun, and chopped
A generous portion of arugula, washed, spun, and chopped
A small red onion, chopped
Half an English cucumber, diced

Place the above ingredients into a large salad bowl. Toss well.

Vinaigrette

2 roasted red peppers
1 shallot, chopped
1 garlic clove, minced
2 Tablespoons red wine vinegar
2 teaspoons honey (or splenda, or sugar)
 $\frac{1}{4}$ teaspoon each, salt and pepper
 $\frac{1}{4}$ cup extra virgin olive oil

Place the peppers, shallot, garlic, vinegar, honey, salt and pepper into a food processor. Blend well, then slowly add the olive oil and slowly blend until emulsified.

Drizzle vinaigrette over the salad ingredients and toss well. Eat and enjoy!