

## Blueberry, Pecan, and Spinach Salad

Summer is a great time to enjoy fresh blueberries. Here's a simple summer salad that can be ready in minutes!

### Salad

A bowl full of fresh spinach (or greens of your choice), washed and spun

$\frac{1}{2}$  -  $\frac{3}{4}$  cup pecans, toasted (place pecans on baking sheet and bake at 325 degrees until lightly browned. Cool. Don't like pecans? Use slivered almonds, pine nuts, or walnuts instead.)

1 cup fresh blueberries, cleaned and dried

### Vinaigrette

2 Tablespoons Balsamic vinegar

$\frac{1}{4}$  cup extra virgin olive oil

Salt and pepper to taste

Whisk together the vinegar, salt, and pepper. Slowly whisk in the oil until emulsified.

Place the spinach, pecans, and blueberries into a large salad bowl. Drizzle vinaigrette over the salad, toss, and serve. Eat and enjoy!