



## to set a new world record

PARKERSBURG — A new world record was set Sunday, Oct. 5, when 96 West Virginia aerobic enthusiasts had the largest free-style aerobic class in history.

Local enthusiast, Jennifer Phillips, was an instructor for the event, leading 95 other participants in an energetic arm-shoulder routine. The event was in the Parkersburg City Park pavilion and was organized by Debbie Divvens, manager of Fitness World in Parkersburg.

Fitness World and Diet Pepsi sponsored the event and proceeds went to the American Heart Association.

Says Jennifer, "Never before have I experienced so much energy and enthusiasm in one place. It was the ultimate workout and I was delighted to be a part of it all."

Jennifer extends a special word of thanks to the other Upshur Countians who contributed their time and energy in making the event a success.